

Locker room rules:

-Parents do not for any reason come into the dressing rooms or backstage during the shows. If there is an emergency, you will be sent a text during the show.

-Skaters may not leave the dressing rooms after 10:00a for the 11am show and 2:15p for the 3pm show.

-NO drinks except water! (no exceptions)

-Snacks that won't get on costumes are permitted. Examples... crackers, goldfish and etc. (NOTHING WITH PEANUTS)

-NO candy or chocolate of any kind

-Parents must leave the dressing rooms 20 minutes prior show time

-**Do not** leave the rink between shows

-You must be back in the dressing room no later than 2:15pm for the 2nd show.