

## Rules for Hockey Players

1. Benches – Social distancing should be used in all cases where it is possible.
2. Locker rooms - Max of 8 people in each locker room (Girls/Womens is max 5)
3. Locker rooms – All four can be used by the group on the ice
4. Arrival/departure - when using locker rooms it is still 10 min before and after ice time, unless noted below.
5. Locker rooms will be cleaned between groups
6. Showers will be cleaned after the adults.
7. Locker room Schedule - Monday through Thursday, the youth will use locker rooms to get dressed. Adults on those nights will get dressed in the Party Rooms but can show up earlier than 10 min prior to ice time. After the game, adults can undress in the locker rooms (following same max guidelines) and they may use the showers.  
**Players must be out of the locker rooms 30 minutes after the game ends.** Friday night, C will use the party rooms and Novice the locker rooms. Saturday, first adult game uses the party room, second uses the locker room. Sunday, C will use the locker room and youth will use the Party Room.
8. If players feel uncomfortable using a Party Room or locker room they can still use the area outside the Party Rooms but must not offend anyone in the process of dressing or undressing.
9. Face masks **required** off ice but not required on ice
- 10.No spitting or tobacco...PLEASE
- 11.Keep bench and all areas clean.
- 12.Highly recommended, no handshakes after the game, no hugging after goals.